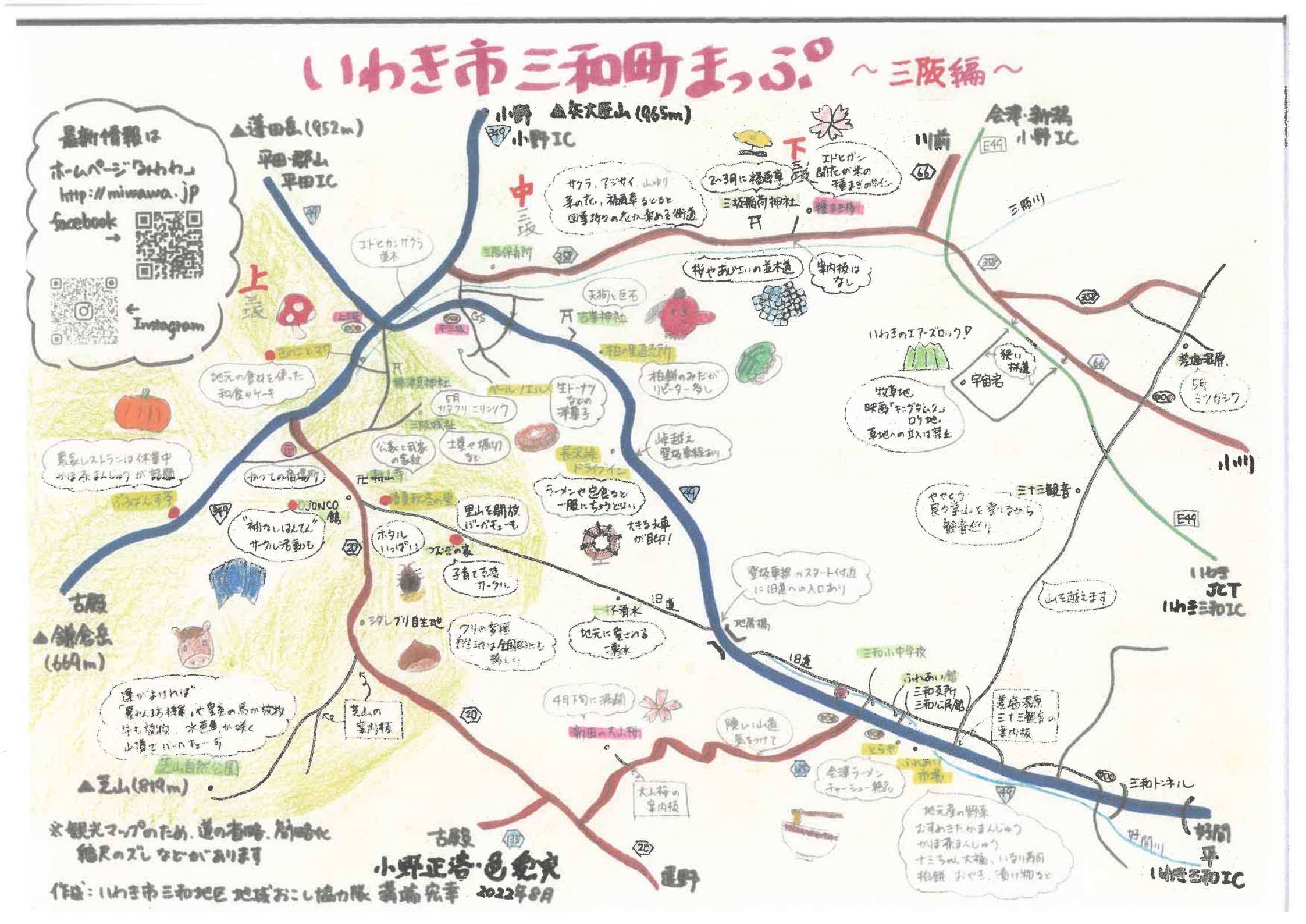いわき市三和町まっぷ ～三阪編～